



Community spirited Sarah Turnbull.

# Sarah's African adventures

SARAH Turnbull of Supreme Products has returned from a trip of a lifetime to the Eastern Cape Province of South Africa, where she helped build a new community centre. The journey organised by charity Action Aid was financed by Sarah's fundraising efforts to collect more than £3,500 throughout the year.

"It was just an amazing experience," she said. "I loved every minute and am already planning to go back, it was both a privilege and an eye-opener to be involved and I would encourage anyone to think about similar initiatives, they are so worthwhile.

"Helping to build the community centre was hard work but a lot of fun at the same time and the local residents were so warm and friendly and were really excited about the project. It was great working with other volunteers and I'm looking forward to next September when I will do it all over again!"



"Jodhpurs and breeches need to have good elasticity with a full leather seat. It is really important that they are good to wash and that the leather does not become stiff afterwards. I am not a fan of high waisted jodhpurs and prefer to wear the more standard fit."

**Hannah Esberger-Shepherd,  
dressage rider**

(sponsored by Supreme Products).